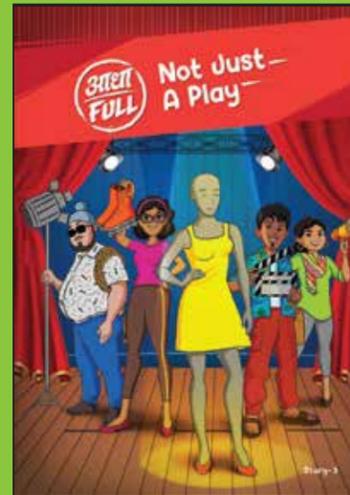
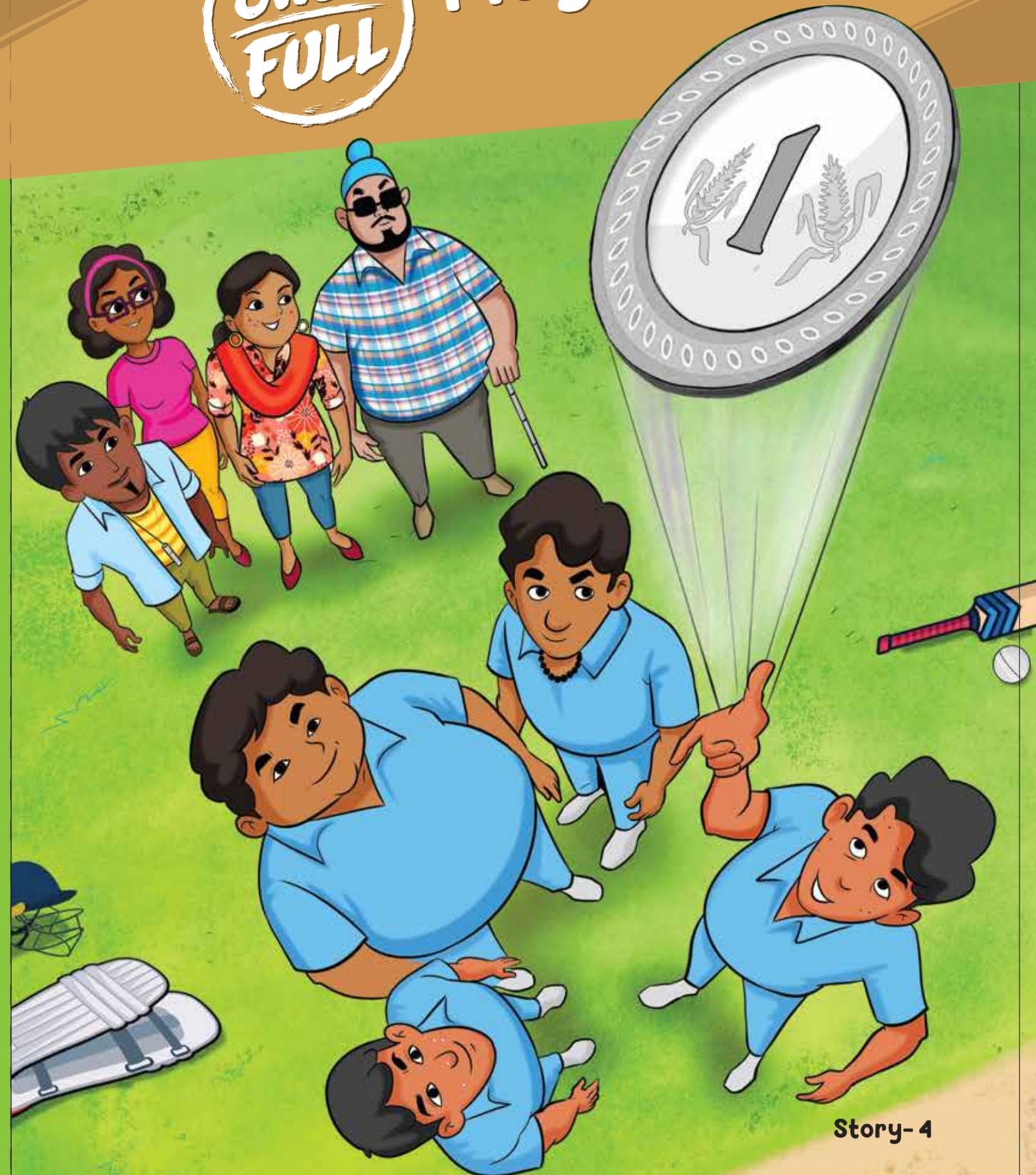


There are many more adventures of AdhaFULL.
Read them all,
don't miss even a single one.



Developed and created by BBC Media Action
in partnership with UNICEF, DOVE and the Center for Appearances Research

AdhaFULL Play To Win!



Story- 4

Tara
 Hi! I am Tara.
 15 years old and a
 student of 10th class.
 Some people call me
 walking-talking
 encyclopedia! My slogan?
Tara never tells a lie!

Kitty
 Hello! My name is Kitti.
 I just turned 18. So I can ride
 my own scooter and also vote!
 I am in my first year of college.
 Some think I am naughty,
 some think I am intelligent.
 But one thing they all say...
Nothing is impossible for Kitty!

Ballu
 Hello friends. I am Ballu.
 Kitty's college friend and
 the newest member of your
 favourite AdhaFull Gang.
 I am blind since birth, but
 I have something extra.
**The Superpowers of Smell
 and Hearing!**

Adrak
 Hi-lo Friends! And I am
 your one and only Adrak.
 17-year old and studying at
 Open School. Now my bag is
 always full of books.
And My Mind is Full of Ideas!



On the day of the trials





Ballu, Kitty, let's stand closer to the practice pitch. Adrak is on next.



Hey wait! Why are you leaving? You haven't even given your trials.

But wait... why is this boy leaving without giving his trials?

I am Daniel. And playing cricket is my passion. But they refused to let me give trials because of my large body. They say I won't be able to run.

But that's not true Daniel. People think like this only because they see people in films and advertisements looking the same kind. You should give the trials at least.



But even my sister thinks the same... she tells me to do things where I won't need to run around. Like playing guitar or something like it.

You should do what you love doing. If it's playing cricket, then play cricket. If it's music, then learn music. What people think of you when they see you is not the right reason to choose something, or reject something.



What good are these talks when they won't even let me take the trials? I think it will be better for me to sell my kit.

Don't lose heart, Daniel. And give us your phone number. Maybe we will find a buyer for your kit.

From the other end, Adrak's entry!



Friends! I have been selected!

Great! But now you will need to buy a Cricket Kit.



Yes Tara. But I only have the money for a second-hand kit.



Hello Daniel... Want to sell your kit? We can come tomorrow.



Next day... outside Daniel's house.

Here is the kit. You can check it.



You?! You were there for the trials yesterday, right?



Adrak! Your kit is ready!



I remember... you weren't even given a chance to show your skills.



Have you seen cricketers... they are so slim and fit! That's why they are active!

And people with body like yours... lazy and slow! First try to look like a cricketer, then come to play with us!



So that's why you are selling your kit? But if you love to play, then why listen to others?



It's not just others... even my family says that people with a body like mine can't run and jump. And that I should sit at home and learn to play the guitar.



But do you like playing music?



No! I want to be a cricketer. And to look like one, I even started eating less. I stopped eating my favourite dishes. But instead of becoming thin, I became weak... even playing became difficult for me.



AdhaFull Gang gets into a huddle!



He doesn't want to sell his kit!

Daniel's life choices should not be impacted because of the wrong idea that people have about body types.



This problem is faced not just by children, but grown-ups too. One of my aunty is a teacher, and because of her large body, she is thought of as lazy and never asked to participate in school programmes.

We will have to do something. This kind of thinking can spoil someone's life!



Idea! Just get Daniel on the field once, and leave the rest to me!

Come to the field tomorrow with your kit. I will try it out, and if it's good, I will buy it.



Next day. Outside Badlipur Cricket Ground.



Hello Adrak... here's the kit. You can test it in today's match.

What match, Daniel! I sprained my leg during practice. Can't play.



Adrak's injury. Coach's problem.



Who will play now? Without Adrak, we have only 10 players left.



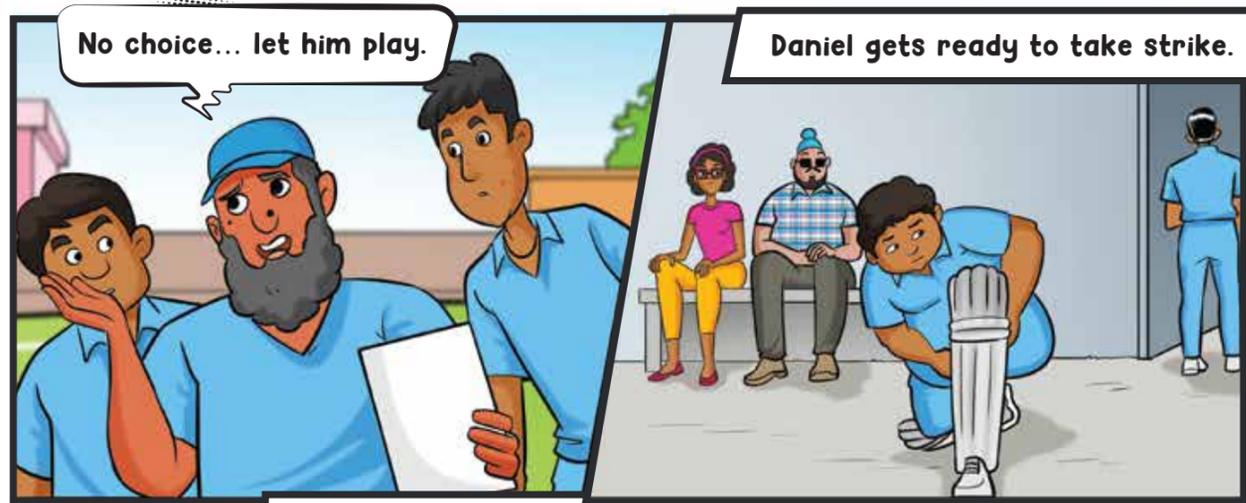
Why don't you take Daniel? He practises every day.

Not everybody likes the idea.

Daniel? First let him lose some weight. He looks like he is here to sleep, not play.

He will be better than a limping Adrak. At least let him play once.





No choice... let him play.

Daniel gets ready to take strike.

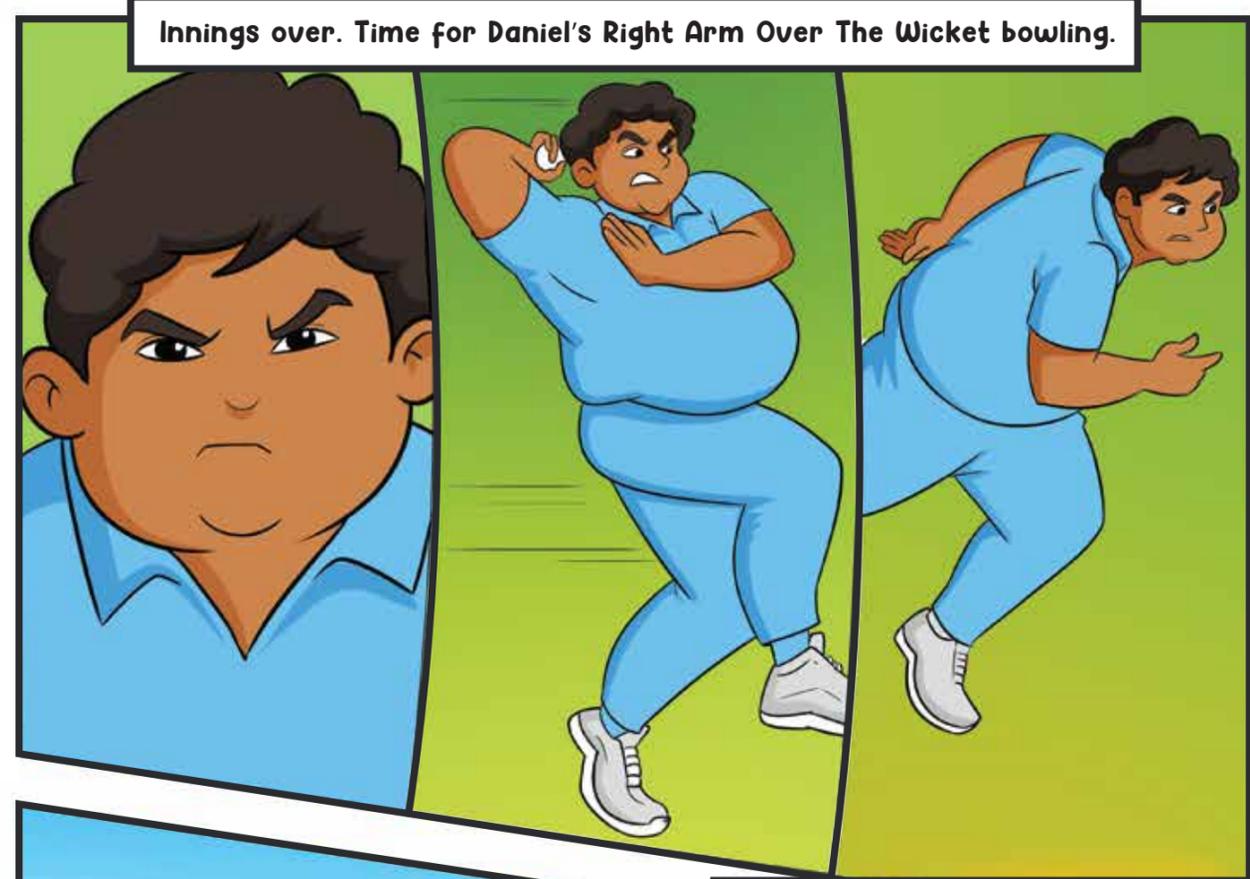
But can he play?



Spin ball... and it's a 6!

Fast ball... it's a 4!

Sweep! Cover drive! Helicopter shot!



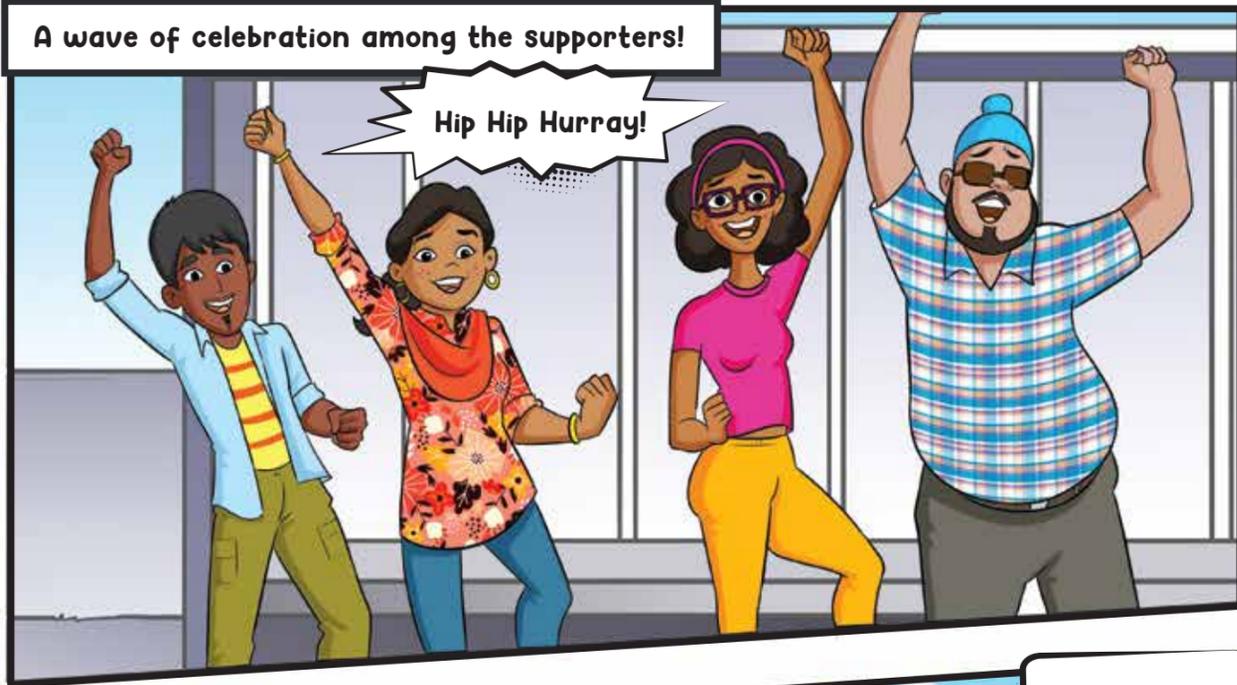
Innings over. Time for Daniel's Right Arm Over The Wicket bowling.



And the winner is... Open Challenge Cricket Club!

We won... by two runs!

A wave of celebration among the supporters!



Hip Hip Hurray!



So did you like my cricket kit?



Your kit is great, Daniel. But you are even better!



Still think that Daniel is slow and lazy?

I am sorry Daniel... you taught your coach a lesson. That being in a large body doesn't mean that the person can't play well.



We are sorry too Daniel. I have been through the same thing. I was never given a role in my school play because of my dark skin colour. People see movies and TV and think only people with fair skin can perform. And only that will make a movie or show hit.

Well Adrak, something good happened because of your injury. We found our team's all-rounder!



Injury?!
What
injury?!

So that was the plan! To give Daniel a chance to show his talent!



You're the
best, Adrak!

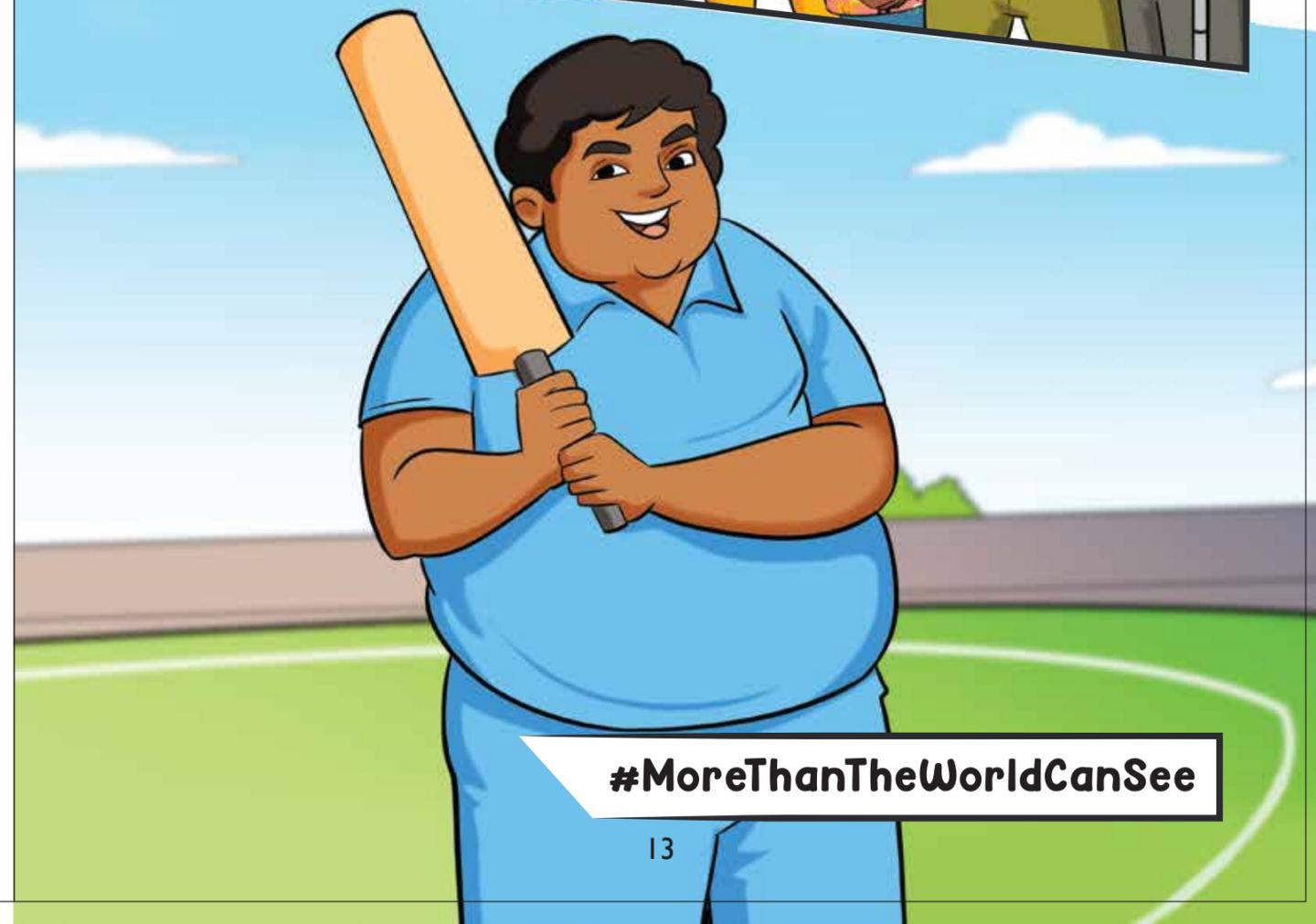


And Daniel, you are
the team's captain!



Wow! It's like a 1+1 free offer.
We got a captain,
and a cricket kit for free!

Hurray!
Hurray!



#MoreThanTheWorldCanSee

INTRODUCTION

We have prepared a few activities that are to be conducted after each graphic novel is completed. These activities will be conducted by the facilitator, who is also the group leader. The facilitator will have to ensure that all the girls and boys are present, and are comfortably seated in their places.

- Once the graphic novel has been completed, the facilitator will have to read the activities carefully, explain these to the girls and boys present, and make sure that they all participate in the activities.
- Please make sure that every participant gets a chance to take part and speak up for every activity.
- When it is their turn to speak, the participants must first raise their hands and never speak when someone else is making a point. To ensure this, the facilitator must ensure that each participant gets the time to give the answers completely.
- If a participant is not replying, the facilitator must take out time to ask them directly to read, understand, and give answers to the activities related to the graphic novels and its main messages.
- The facilitator should encourage every single participant to think about the main messages in the graphic novels and share their own personal experiences that match the main messages in the stories.



BODY IMAGE, APPEARANCE, AND DISCRIMINATION

Think, understand, and speak.

Take 60 seconds to think of someone you know who was discriminated against because of their body shape.

1. What did you learn from this story?

2. **True or False:**

Discriminating against someone on the basis of their features, skin colour, or body type can make them worry, lose confidence, and live under stress.

3. **True or False:**

If we see someone being discriminated against because of their body types, we should raise our voices against it.



WHAT WILL YOU DO?



Imagine that one of your school teachers favours children who have a light skin colour, and discriminates against those with dark skin colour. Your best friend is very intelligent and hardworking, but because of his dark skin colour, he is often ignored. Seeing your friend suffering, you are very upset. Which of these steps will you take, and why:

1. You will talk to the teacher and explain how this kind of behaviour can have a negative effect on boys and girls. You will request that they don't discriminate against any student on the basis of their skin colour, hair, or body type.
2. You will gather together all the students and write an application to the Principal, requesting that the school talk to the teacher and take steps to remove such discrimination.
3. You will talk to your friend and ask him to ignore the teacher's behaviour.